

Brizen Young People's Centre, January update

The youth workers report that last term was a period of growth, engagement and community building. Across all three youth clubs, they have seen consistent participation and a range of activities that have fostered personal development, teamwork and social interaction among the young people who attend.

The Junior Sessions (8-11 year-olds) continues to consistently attract high attendance. Activities have focussed on creative arts, physical games and group challenges which are aimed at building confidence and encouraging positive peer relationships. The Juniors particularly enjoyed a visit from the local fire brigade which not only focussed on safety but also inspired curiosity about community roles. The youth team want to continue to involve community partners in activities in order to provide varied learning opportunities.

The Intermediate Sessions (12-14 year-olds) have seen steady engagement since September. The focus has been on fostering independence and developing practical skills alongside recreational activities. These included cooking workshops, sessions on mental well-being and anti-bullying and sports tournaments. The young people are keen to build their skills further so the youth team is looking to expand the range of skill-based workshops including IT and media creation.

The Senior Sessions (15-18 year-olds) have been a platform for young people to explore their interests, share ideas and develop leadership skills. The young people have been given more ownership of the agenda for sessions. They have taken part in CV workshops and mock interviews as well as more social activities like movie nights.

All sessions continue to receive positive feedback from parents and guardians and the trustees are grateful to the youth team for all they do for the young people in the area.

In other news, plans for the kitchen refurbishment are well underway, in consultation with users to determine the best use of space going forward. We hope this work can be completed during February half term.

Bookings, both regular and ad hoc, remain healthy and continue to support the youth work and running of the centre.